

Do NOT stop asthma medications, including inhalers and montelukast (Singulair).

Do NOT stop certain nasal sprays: fluticasone (Flonase, Veramyst), triamcinolone (Nasacort), mometasone (Nasonex), budesonide (Rhinocort), beclomethasone (Qnasl)

LIST OF MEDICINES TO STOP 7 DAYS BEFORE YOUR ALLERGY VISIT

| <u>GENERIC NAME</u> | <u>TRADE NAMES (some examples)</u> |
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| Acrivastine | Semprex, Semprex-D |
| Azatadine | Optimine, Trinalin |
| Azelastine | Astelin, Astepro, Optivar, Dymista |
| Bepotastine | Bepreve |
| Brompheniramine | Allent, Brofed, Bromfed , Bromfenex, Dallery Jr, Dimetapp, Iofed, Lodrane, Pseubrom, Rondec, Ultrabrom |
| Carbinoxamine | Arbinoxa, Histex, Karbinal ER, Palgic, Ryvent |
| Cetirizine | Zyrtec |
| Chlorpheniramine | Aller-Chlor, Chlo-amine, Chlor-Trimenton, Alka-Seltzer Plus Cold, Children's Tylenol Cold, Comtrex Allergy Sinus, Sinutab Sinus Allergy, TheraFlu, Tylenol Allergy Sinus , Contac Severe Cold and Flu, Allerest, Anaplex, Histalet, Klerist-D, Rhinosyn |
| Clemastine | Antihist-1, Dayhist, Tavist |
| Cyclizine | Marezine |
| Cyproheptadine | Periactin |
| Desloratadine | Clarinex |
| Dexchlorpheniramine | Polaramine |
| Dimenhydrinate | Dramamine , Hydate, TripTone |
| Diphenhydramine | Advil PM, Aler-Dryl, AllerMax, Banophen, Benadryl preparations , Compoz nighttime sleep aid, Diphen, Diphen AF, Diphen Cough, Diphenhist, Genahist, Hydramine, Hydramine Cough, Hyrexin-50, Nytol, Nytol Maximum strength, Siladryl, Silphen, Sominex, Tusstat, Twilite, Tylenol PM , Maximus strength SleepGels |
| Doxylamine | Unisom, Nyquil |
| Fexofenadine | Allegra |
| Fluphenazine | Prolixin |
| Hydroxyzine | Atarax, Vistaril |
| Ketotifen | Alaway, Zaditor |
| Levocabastine | Livostin |

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| Levocetirizine | Xyzal |
| Loratadine | Claritin, Alavert |
| Meclizine | Antivert, Bonine, Dramamine Less Drowsy Formula |
| Olopatadine | Patanol, Pataday, Patanase |
| Prochlorperazine | Compazine, Compro |
| Promethazine | Phenergan |
| Phenindamine | Nolahist |
| Tripelennamine | PBZ, PBZ-SR |

MEDICATIONS TO STOP THE DAY BEFORE TESTING

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| Famotidine | Pepcid, Tums Dual Action, Zantac |
| Cimetidine | Tagamet |

Do not apply medicated lotions or creams to your back the day of your appointment.

Other medications that may interfere with skin testing. Please discuss with your physician BEFORE stopping any of these medications.

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| Tricyclic antidepressants (TCAs) | Amitriptyline (Elavil, Vanatrip, Limbitrol, Etrafon, Triavil) Clomipramine (Anafranil) Imipramine (Tofranil) Nortriptyline (Desyrel) |
| Atypical antidepressants/sedatives | Doxepin (Prudoxin, Sinequan, Zonalon), Mirtazapine (Remeron), Quetiapine (Seroquel) |
| Benzodiazepines | Alprazolam (Xanax), Clonazepam (Klonopin), Diazepam (Valium), Lorazepam (Ativan), Midazolam (Versed), Temazepam (Restoril) |
| Oral corticosteroids | Prednisone, Methylprednisolone (Medrol, Solu-Medrol) |

IF YOU ARE NOT SURE ABOUT A MEDICATION, PLEASE CALL BEFORE YOU TAKE IT.